

## **DF First Aid Policy**

### **First Aid Kit:**

The First Aid kit should be:

- Clearly marked as the First Aid kit
- Kept in an easily accessible place known to First Aiders
- Accompanied by the address (including postcode) of the site

The First Aid Kit needs to contain:

- Individually wrapped sterile plasters of various sizes and types
- Sterile Eye Dressing
- Individually wrapped triangular bandages
- Individually wrapped, unmedicated, sterile Dressings of various sizes
- Safety Pins
- Latex-free, powder-free, sterile, individually wrapped disposable gloves
- Alcohol-free antiseptic wipes
- User guide
- A log book to keep track of items used
- Easy identification for first aiders (hi vis vest)
- A copy of the First Aid policy

The First Aid kit not to contain:

- Cut-to-size plaster strips
- Tablets
- Medications (including creams & lotions)

### **First Aiders:**

- The first aiders must meet with the first aid coordinator at the beginning of the event for a briefing, including the reading of this policy
- A minimum of 2 First Aiders to be on duty at all times at larger events (more than 50 people)
- A minimum of 1 First Aider to be on duty at all times at smaller events (less than 50 people)
- First Aiders to be clearly identifiable at a distance, usually by wearing a hi vis vest
- During the night, when First Aiders go to sleep, they are to mark their tent/room so that they can be woken in an emergency. This is usually done by placing the hi vis vest on the outside of the tent/room.
- First Aiders to be sober at the start of a shift. No consumption of intoxicating substances while on shift
- First Aiders to stick within the limitations of their current First Aid certificate
- Only first aiders are allowed to use the contents of the first aid kit